

# Outdoor Adventures

A variety of teaching and learning activities and experiences usually involving a close interaction with an outdoor natural setting and containing elements of real or perceived danger or risk in which the outcome, although uncertain, can be influenced by the actions of the participants and circumstances.

**What are the distinct types of outdoor activities?**



• **Like Whitewater Rafting**

Outdoor recreation involves any kind of activity within an outdoor environment. Outdoor recreation can include established sports, and individuals can participate without association with teams, competitions, or clubs.

Activities include backpacking, canoeing, canyoning, caving, climbing, hiking, hill walking, hunting, kayaking, and rafting. Broader groupings include water sports, snow sports, and horseback riding.

People engage in physical activity outdoors as a form of recreation. Various physical activities can be completed individually or communally. Sports which are mainly played indoors or in other settings such as fields are able to transition to an outdoor setting for recreational and non-competitive purposes. Outdoor physical activities can help people learn new skills, test stamina and endurance, and participate in social activities.

Surviveit2 has dedicated products configured for Outdoor Adventures needs to best help participants achieve certain activities with known proven essential survival supplies.